

## How to select Frames for Your Irlen Lenses

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- *wide enough for your face.*

The arms should go straight to the ears; not stretch out from the side of the frame



- *a deep frame*  
As much of the visual field as possible, will be covered.



- *from an optometrist.*  
Other frames usually do not have screws in them that allow lenses to be fitted or they are not robust enough and can split when the lenses are being installed)
- *of metal or nylon*  
Clear or reflective frames will create unwanted colours across the lenses
- *NOT rimless*  
Drilling the holes creates tiny fractures that become apparent when the lenses are tinted.

*For those with an optical prescription, please note –*

- Optometrists usually cannot provide uncoated lenses of the type required for tinting by the Irlen Lab.
- Because of this, we recommend that you buy only the frames from the optometrist and have the Irlen Lab provide the lenses.
- If your optometrist assures you that they can provide the appropriate lenses, we require that they sign a written confirmation.
- Please ask us about that. (Some clients have been caught with lenses that could not be tinted, causing stress and costs, to rectify).

